

Free Spiril

Fruit Mandala Quilt

Featuring Fruitopia by Helen Godden & Chromatics by FreeSpirit Fabrics

Mandalas in the middle. Almost effortless fussy-cutting frames a checkerboard of beautiful blooms in this quick-to-sew quilt.

Technique: Pieced

Skill Level: Advanced Beginner

Finished Size: 53" x 53" (1.35m x 1.35m)

Project designed by: FreeSpirit Fabrics

Notes:

- Please note that the cover photo is a digital image.
 Due to variations in individual fussy cutting, your quilt top may not look identical.
- All possible care has been taken to ensure the accuracy of this pattern. We are not responsible for printing errors or the manner in which individual work varies. Please read the instructions carefully before starting this project. If kitting, it is recommended a sample is made to confirm accuracy.

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FABRIC REQUIREMENTS (Tech edited by: Julie Kentner)

	Design	Color	Item ID	Yardage	Swatches			
Α	Fruit Mandala	Multi	PWHG010.MULTI	1¼ yards (1.14m)				
В	Fruitopia Border	Charcoal	PWHG001.CHARCOAL	½ yard (0.46m)		č 🔛 🥪		
С	Stepping Stones	Violet	PWFS060.VIOLET*	¾ yard (0.69m)		8 👧 🖗		
D	Toppers	Steel	PWFS055.STEEL	¾ yard (0.69m)	А	В	С	D
E * inc	Spring Floral ludes binding	Cream	PWHG007.CREAM	1¼ yards (1.14m)				
Backing (Purchased Separately)								
44" (1.12m) wide								
Fru	it Salad & Charcoal	Charcoal	PWHG004.CHARCOAL	3½ yards (3.20m)				
ADDITIONAL REQUIREMENTS								

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- 100% cotton thread in colors to match
- 61" x 61" (1.55m x 1.55m) batting

CUTTING

WOF = Width of Fabric; LOF = Length of Fabric

Fabric A, fussy-cut:

(1) 361/2" square, centering on (6) rows of (6) on-point light squares

Fabric B, fussy-cut:

(4) 51/2" on-point squares, making sure that one corner of each square captures a portion of the dark background texture of the fabric

Fabric C, cut:

(6) 21/2" x WOF for binding

(4) 11/2" x WOF; sub-cut

(4) 1¹/₂" × 41¹/₂"

Fabric D, cut:

(4) 3" x WOF; sub-cut

- (2) 3" x 41½" inner top/bottom borders
- (2) 3" x 361/2" inner side borders
- (6) 11/2" x WOF

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Fabric E, fussy-cut:

(8) 2½" x LOF, centering vertical rows of flowers within the 2½" width; sub-cut

(8) 2½" × 41½"

SEWING

Notes:

- All seam allowances are $\frac{1}{4}$ " (.64cm) unless otherwise noted.
- Sew pieces right sides together.
- Press seam allowances open unless otherwise indicated.
- Sew (1) fussy-cut 2½" x 41½" Fabric E strip to either side of a 1½" x 41½" Fabric C strip (Fig. 1). Press seam allowances toward the Fabric C strip. Make a total of (4) pieced border strips.

Fig. 1



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TOP ASSEMBLY

- Sew (1) 3" x 36½" Fabric D inner side border to one side of the 36½" Fabric A fussy-cut center square. Sew the other 3" x 36½" Fabric D inner side border to the opposite side of the square. Press. Sew (1) 3" x 41½" inner top/bottom border to the upper edge, and the other to the lower edge of the center square. Press.
- 3 Sew the two pieced borders from Step 1 to opposite sides of the bordered center square. Press. Sew (1) 5½" **Fabric B** fussy-cut square to each end of the two remaining pieced borders, making sure to orient the **Fabric B** squares so that the dark texture corner of each square is placed toward the outer edge of the quilt top. Press. Sew (1) pieced border to the upper edge, and the other to the lower edge of the quilt top. Press.
- Sew (6) 1½" x WOF Fabric D strips end to end. Press. Cut (2) outer side borders, 1½" x 51½" and (2) outer top/ bottom borders, 1½" x 53½". Sew (1) outer side border to either side of the quilt top. Press. Sew (1) outer top/bottom border to the upper edge, and the other to the lower edge of the quilt top. Press.

FINISHING

- 5 Sew together (6) 2½" x WOF **Fabric C** binding strips endto-end using diagonal seams. Press the seams open. Press the binding strip in half, wrong sides together, and set aside until quilt is ready for binding.
- 6 Once the top is complete it is ready for quilting! Quilts can be sent out for longarm quilting or you can quilt it yourself. If you are sending the quilt out, it is important to discuss backing and batting requirements with the quilter to ensure they have everything needed to properly finish the quilt.
- 7 If quilting yourself and using 44" fabric for backing, choose your favorite method for piecing (taking time to remove selvedges), then layer, baste and quilt. Once finished, trim excess batting and backing and bind according to your favorite method.



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- 8 To complete binding by hand, it must first be machine sewn to the quilt top. Leaving an 8" tail of binding, sew binding to top of quilt through all layers, matching raw edges. Miter corners. Stop approximately 12" from where you started. Lay both loose ends of binding flat along quilt edge. Where the two loose ends meet, fold each side back on themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding together right sides together. Trim seam to ¼" and press seam open. The binding will naturally fold, wrong sides together, and lay along the quit edge. Finish sewing binding to quilt. Turn and press the binding to the back of the quilt and hand stitch in place.
- **9** If machine binding, complete the steps above only attach the binding to the BACK of the quilt, turn and press to the front of the quilt and machine stitch in place.

