



Free Spirit 

Bouquet Quilt

Featuring Nation of Flowers by
Martha Negley

Collection:	Nation of Flowers by Martha Negley
Technique:	Pieced
Skill Level:	Advanced Beginner
Finished Sizes:	Finished Size of Project: 70 1/2" x 78 1/2" (1.79m x 1.99m)
	Finished Block Size: 8 1/2" x 8 1/2" (21.59cm x 21.59cm)

All possible care has been taken to ensure the accuracy of this pattern. We are not responsible for printing errors or the manner in which individual work varies. Please read the instructions carefully before starting this project. If kitting, it is recommended a sample is made to confirm accuracy.

Project designed by Stacey Day | Tech edited by Julie Kentner

Fabric Requirements

DESIGN	COLOR	ITEM ID	YARDAGE
(A) State Flowers	Sage	PWMN042.SAGE	¼ yard (0.23m)
(B) Sunflower	Yellow	PWMN043.YELLOW	¼ yard (0.23m)
(C) Mountain Laurel	Aqua	PWMN044.AQUA	¼ yard (0.23m)
(D) Chicory	Blue	PWMN045.BLUE	¼ yard (0.23m)
(E) Queen Annes Lace	Green	PWMN046.GREEN	¼ yard (0.23m)
(F) California Poppy	Orange	PWMN047.ORANGE	¼ yard (0.23m)
(G) Bluebonnet	Blue	PWMN048.BLUE	¼ yard (0.23m)
(H) Columbine	Sky	PWMN049.SKY	¼ yard (0.23m)
(I) Orange Blossom	Green	PWMN050.GREEN	1 yard (0.91m)
(J) Dogwood	Aqua	PWMN051.AQUA	¼ yard (0.23m)
(K) Roses	Pink	PWMN052.PINK*	2½ yards (2.29m)
(L) Rocky Mt Wildflowers	Sky	PWMN053.SKY	¼ yard (0.23m)
(M) Pacific Coast	Golden	PWMN054.GOLDEN	¼ yard (0.23m)
(N) Prairie Wildflowers	Lavender	PWMN055.LAVENDER	¼ yard (0.23m)
(O) Camellia	Pink	PWMN056.PINK	¼ yard (0.23m)
(P) Milkweed	Pink	PWMN057.PINK	¼ yard (0.23m)
(Q) Diamond	Darkgreen	PWMN058.DARKGREEN	1¼ yards (1.14m)
(R) Shot Cotton	Rust	SCGP132.RUST	⅝ yard (0.57m)
(S) Shot Cotton	Butter	SCGP135.BUTTER	¼ yard (0.23m)
(T) Shot Cotton	Apple	SCGP137.APPLE	⅝ yard (0.57m)

* includes binding

Backing (Purchased Separately)

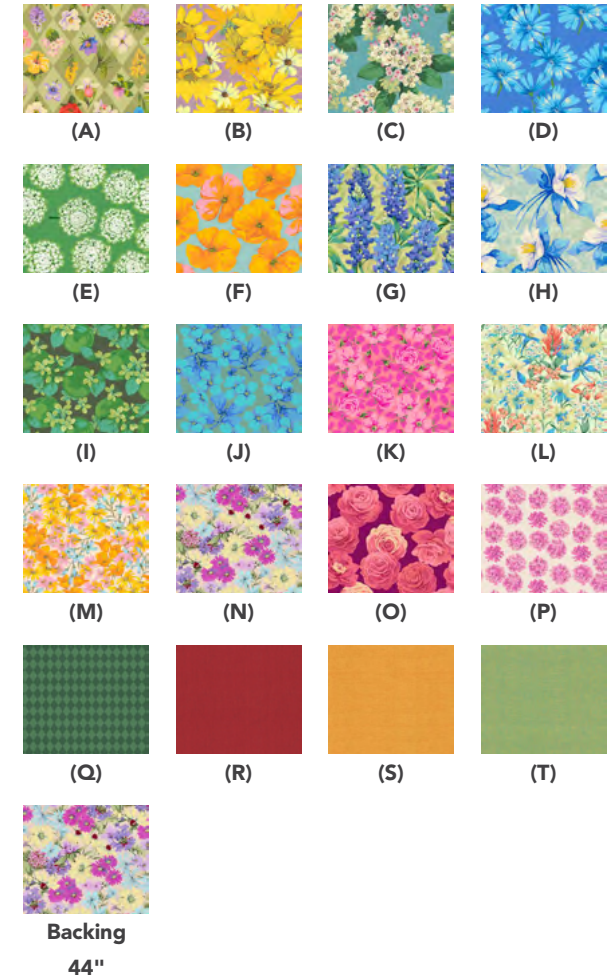
44" (1.12m) wide

Prairie Wildflowers Lavender PWMN055.LAVENDER 4½ yards (4.11m)

OR

108" (2.74m) wide

2¼ yards (2.06m)



Additional Recommendations

- 100% cotton thread in colors to match
- 79" x 87" (2.01m x 2.21m) Batting

Cutting:

From each Fabric A, B, D, G, J, L, and O, cut:

- (1) 8½" x WOF; sub-cut
- (2) 8½" squares

From each Fabric C, E, F, H, M, and P, cut:

- (1) 8½" x WOF; sub-cut
- (3) 8½" squares

From Fabric N, cut:

- (1) 8½" x WOF; sub-cut
- (4) 8½" squares

From Fabric I, cut:

- (8) 3½" x WOF; sew together end to end and cut
- (2) 3½" x 72½"
- (2) 3½" x 70½"

From Fabric K, cut:

- (18) 2½" x WOF; sub-cut
- (144) 2½" x 4½" rectangles
- (6) 1½" x WOF
- (3) 2½" x WOF
- (8) 2½" x WOF for binding

From Fabric Q, cut:

- (12) 1½" x WOF
- (9) 2½" x WOF; sub-cut (
- 144) 2½" squares

From Fabric R, cut:

- (6) 1½" x WOF
- (3) 2½" x WOF

From Fabric S, cut:

- (3) 2½" x WOF

From Fabric T, cut:

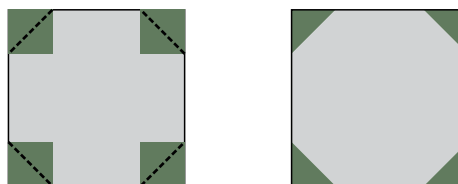
- (12) 1½" x WOF

Instructions

Note: Press all seams as directed by diagram arrows.

1. 1. Draw a diagonal line across the wrong side of each **Fabric Q** 2½" square. Pin a **Fabric Q** 2½" square in each corner of an 8½" square with the diagonal lines aligned as shown in **Fig. 1**. Stitch on the line, trim the seam allowance to ¼", and press out towards **Fabric Q**. Trim to 8½" square and set aside as Block A. Make (36) total.

Fig. 1

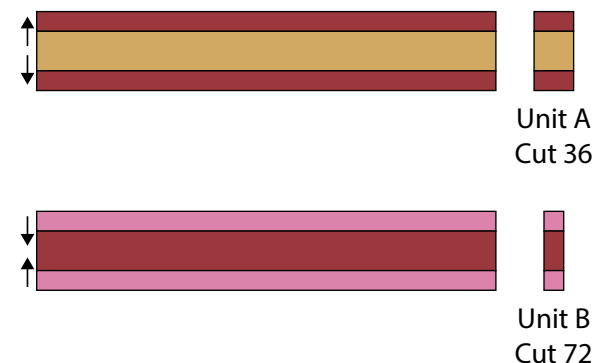


Block A
Make 36

2. Sew a **Fabric R** 1½" x WOF to either side of a **Fabric S** 2½" x WOF to make a strip set. Make (3) strip sets. From the strip set cut (36) 2½" x 4½". Set aside as Unit A.

3. Sew a **Fabric K** 1½" x WOF to either side of a **Fabric R** 2½" x WOF to make a strip set. Make (3) strip sets. From the strip set cut (72) 1½" x 4½". Set aside as Unit B.

Fig. 2

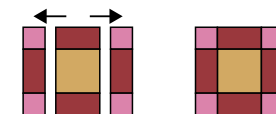


Unit A
Cut 36

Unit B
Cut 72

4. Sew (1) Unit A and (2) Unit B together as shown in **Fig. 3**. Trim to 4½" square. Make (36) and set aside as Unit C.

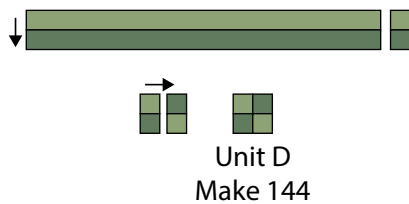
Fig. 3



Unit C
Make 36

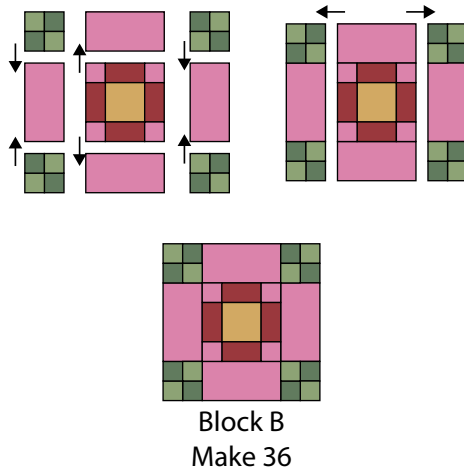
5. Sew a **Fabric T** and a **Fabric Q** 1½" x WOF together to make a strip set. Repeat to make a total of (12) strip sets. From the strip sets, cut (288) 1½" x 2½". Sew together in pairs as shown in **Fig. 4** to make (144) Unit D 2½" squares.

Fig. 4



6. Sew (4) **Fabric K** 2½" x 4½", (4) Unit D and (1) Unit C together as shown in **Fig. 5** to make Block B. Trim to 8½" square. Make (36) Block B.

Fig. 5



7. Sew (4) Block A and (4) Block B together into rows, referring to the **Quilt Layout** diagram (page 5) for placement of Block A in each row. Press rows in alternate directions, odd rows one direction and even rows the opposite. Sew rows together to make the quilt top. Press rows down.
8. Sew the (2) **Fabric I** 3½" x 72½" to the left and right sides of the quilt, matching ends and centers. Press, then sew the (2) **Fabric I** 3½" x 70½" to the top and bottom, matching ends and centers to complete the quilt top.

Finishing

9. Sew together the (8) 2½" **Fabric K** binding strips end to end using diagonal seams. Press the seams open. Press the binding strip in half with the wrong sides together and set aside until the quilt is ready for binding.
10. Once the top is complete it is ready for quilting! Quilts can be sent out for longarm quilting or you can quilt it yourself. If you are sending the quilt out, it is important to discuss backing and batting requirements with the quilter to ensure they have everything needed to properly finish the quilt.

11. If quilting yourself and using 44" fabric for backing, choose your favorite method for piecing (taking time to remove selvages), then layer, baste and quilt. Once finished, trim excess batting and backing and bind according to your favorite method.
12. To complete binding by hand, it must first be machine sewn to the quilt top. Leaving an 8" tail of binding, sew binding to top of quilt through all layers, matching raw edges. Miter corners. Stop approximately 12" from where you started. Lay both loose ends of binding flat along quilt edge. Where the two loose ends meet, fold each side back on themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding together right sides together. Trim seam to ¼" and press seam open. The binding will naturally fold, wrong sides together, and lay along the quilt edge. Finish sewing binding to quilt. Turn and press the binding to the back of the quilt and hand stitch in place.
13. If machine binding, complete the steps above only attach the binding to the BACK of the quilt, turn and press binding to the front of the quilt and machine stitch in place.

Quilt Layout

