



*Free Spirit* 

## Garden Quilt

Featuring Nation of Flowers by  
Martha Negley

<b>Collection:</b>	Nation of Flowers by Martha Negley
<b>Technique:</b>	Pieced
<b>Skill Level:</b>	Advanced Beginner
<b>Finished Sizes:</b>	<b>Finished Size of Project:</b> 74½" x 92½" (1.89m x 2.35m) <b>Finished Block Size:</b> 10" x 10" (25.4cm x 25.4cm)

*All possible care has been taken to ensure the accuracy of this pattern. We are not responsible for printing errors or the manner in which individual work varies. Please read the instructions carefully before starting this project. If kitting, it is recommended a sample is made to confirm accuracy.*



Project designed by Stacey Day | Tech edited by Julie Kentner

## Fabric Requirements

DESIGN	COLOR	ITEM ID	YARDAGE
(A) State Flowers	Sage	PWMN042.SAGE	1 yard (0.91m)
(B) Sunflower	Yellow	PWMN043.YELLOW	⅓ yard (0.30m)
(C) Mountain Laurel	Aqua	PWMN044.AQUA	⅓ yard (0.30m)
(D) Chicory	Blue	PWMN045.BLUE	⅓ yard (0.30m)
(E) Queen Anne's Lace	Green	PWMN046.GREEN	⅓ yard (0.30m)
(F) California Poppy	Orange	PWMN047.ORANGE	⅓ yard (0.30m)
(G) Bluebonnet	Blue	PWMN048.BLUE	⅓ yard (0.30m)
(H) Columbine	Sky	PWMN049.SKY	⅓ yard (0.30m)
(I) Orange Blossom	Green	PWMN050.GREEN	⅓ yard (0.30m)
(J) Dogwood	Aqua	PWMN051.AQUA	⅓ yard (0.30m)
(K) Roses	Pink	PWMN052.PINK	⅓ yard (0.30m)
(L) Rocky Mt Wildflowers	Sky	PWMN053.SKY	1⅝ yards (1.49m)
(M) Pacific Coast	Golden	PWMN054.GOLDEN	⅓ yard (0.30m)
(N) Prairie Wildflowers	Lavender	PWMN055.LAVENDER	⅓ yard (0.30m)
(O) Camellia	Pink	PWMN056.PINK	⅓ yard (0.30m)
(P) Milkweed	Pink	PWMN057.PINK	⅓ yard (0.30m)
(Q) Diamond	Darkgreen	PWMN058.DARKGREEN*	3¼ yards (2.97m)

\* includes binding

## Backing (Purchased Separately)

**44" (1.12m) wide**

Queen Annes Lace

Green

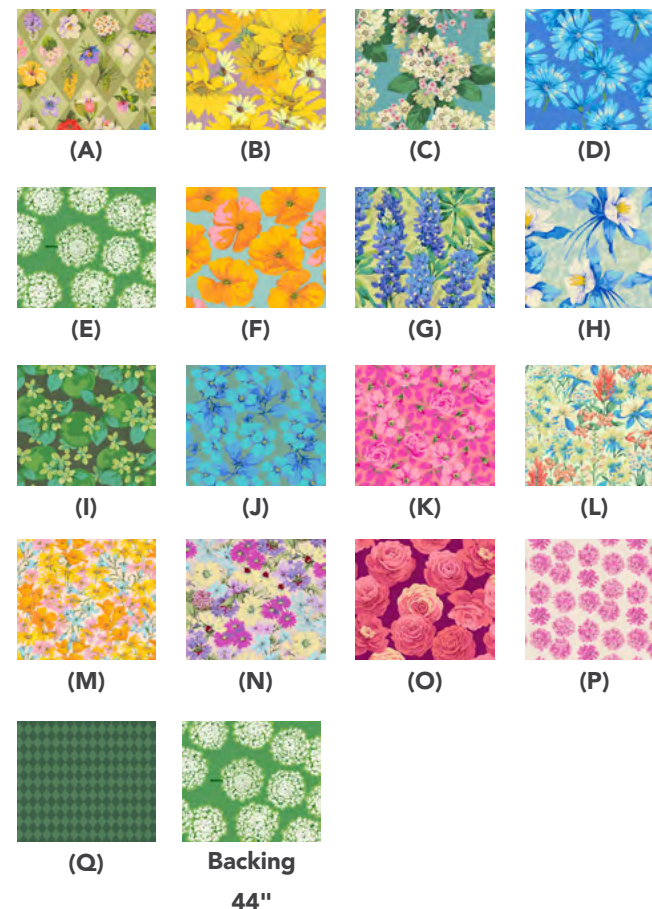
PWMN046.GREEN

6 yards (5.49m)

**OR**

**108" (2.74m) wide**

2⅝ yards (2.40m)



## Additional Recommendations

- 100% cotton thread in colors to match
- 83" x 101" (2.11m x 2.57m) batting

## Cutting

### From Fabric A cut:

- (2) 15<sup>3</sup>/<sub>8</sub>" x WOF; sub-cut
  - (4) 15<sup>3</sup>/<sub>8</sub>" squares. Sub-cut on both diagonals making (4) directional triangles from each square. Keep (4) Left side and (4) Right side triangles and (3) Top and (3) Bottom triangles as per the **Quilt Layout** diagram. From the remainder cut (2) 7<sup>7</sup>/<sub>8</sub>" squares. Place (1) 7<sup>7</sup>/<sub>8</sub>" fabric square right side up and cut once on the diagonal from the bottom-left corner to the top-right corner. Repeat with the second 7<sup>7</sup>/<sub>8</sub>" square cutting once on the diagonal from the bottom-right corner to top-left corner for a total of (4) triangles.

### From Fabric B, C, D, E, F, G, H, I, J, and M cut:

- (1) 10<sup>1</sup>/<sub>2</sub>" x WOF; sub-cut
- (2) 10<sup>1</sup>/<sub>2</sub>" squares

### From Fabric K, N, O, and P cut:

- (1) 10<sup>1</sup>/<sub>2</sub>" x WOF; sub-cut
- (3) 10<sup>1</sup>/<sub>2</sub>" squares

### From Fabric L cut:

- (35) 1<sup>1</sup>/<sub>2</sub>" x WOF

### From Fabric Q cut:

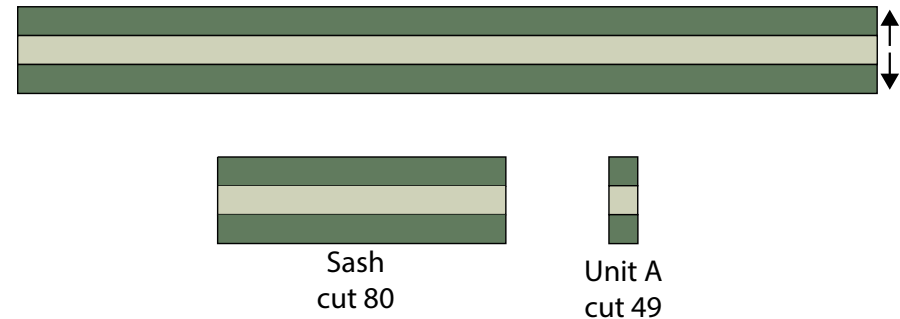
- (58) 1<sup>1</sup>/<sub>2</sub>" x WOF
- (9) 2<sup>1</sup>/<sub>2</sub>" x WOF for binding

## Instructions

*Sew with a 1/4" seam allowance. Press all seams as directed by diagram arrows*

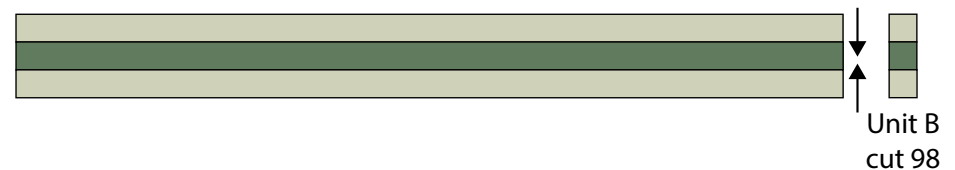
- Sew a **Fabric Q** 1<sup>1</sup>/<sub>2</sub>" x WOF to either side of a **Fabric L** 1<sup>1</sup>/<sub>2</sub>" x WOF to make a strip set. Press according to the diagram shown in **Fig. 1**. Make (27) strip sets. From each, cut (3) 3<sup>1</sup>/<sub>2</sub>" x 10<sup>1</sup>/<sub>2</sub>" units, for a total of (80) Sash Units. From the remainder of the strip sets cut a total of (49) 1<sup>1</sup>/<sub>2</sub>" x 3<sup>1</sup>/<sub>2</sub>" units and set aside as Unit A.

**Fig. 1**



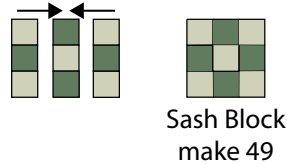
- Sew a **Fabric L** 1<sup>1</sup>/<sub>2</sub>" x WOF to either side of a **Fabric Q** 1<sup>1</sup>/<sub>2</sub>" x WOF to make a strip set. Make (4) strip sets. From the strip sets cut a total of (98) 1<sup>1</sup>/<sub>2</sub>" x 3<sup>1</sup>/<sub>2</sub>" units and set aside as Unit B. (**Fig. 2**)

**Fig. 2**



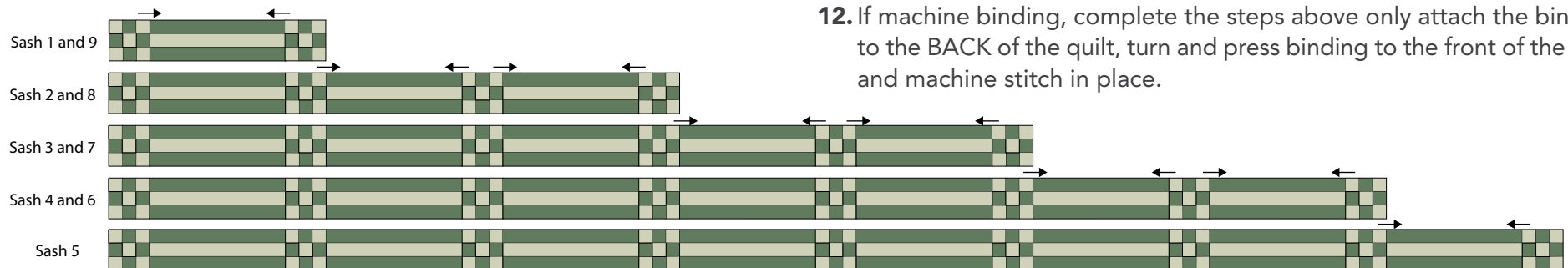
- Sew (1) Unit A and (2) Unit B together as shown in **Fig. 3** to make the Sash Block. Make (49) 3½" Sash Blocks.

**Fig. 3**



- Following the layout in **Fig. 4** (below), sew the Sash Blocks and Sash Units together into (9) Sash Rows, labeling them 1 – 9.
- Sew the 10½" squares together into diagonal rows with the remaining 3½" x 10½" Sash Units between each square and on either end of each diagonal row. Follow the **Quilt Layout** diagram (page 5) for fabric placement.
- Sew the **Fabric A** setting triangles to the ends of each row, using the arrows in the **Quilt Layout** diagram to indicate the direction of the print for the triangles.
- Sew the Diagonal Rows and Sash Rows together in the order shown in the **Quilt Layout** diagram. Trim and square the quilt top to 74½" x 92½".

**Fig. 4**



## Finishing

- Sew together (9) 2½" **Fabric Q** binding strips end to end using diagonal seams. Press the seams open. Press the binding strip in half with wrong sides together and set aside until the quilt is ready for binding.
- Once top is complete it is ready for quilting! Quilts can be sent out for longarm quilting or you can quilt it yourself. If you are sending the quilt out, it is important to discuss backing and batting requirements with the quilter to ensure they have everything needed to properly finish the quilt.
- If quilting yourself and using 44" fabric for backing, choose your favorite method for piecing (taking time to remove selvages), then layer, baste and quilt. Once finished, trim excess batting and backing and bind according to your favorite method.
- To complete binding by hand, it must first be machine sewn to the quilt top. Leaving an 8" tail of binding, sew binding to top of quilt through all layers, matching raw edges. Miter corners. Stop approximately 12" from where you started. Lay both loose ends of binding flat along quilt edge. Where the two loose ends meet, fold each side back on themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding together right sides together. Trim seam to ¼" and press seam open. The binding will naturally fold, wrong sides together, and lay along the quilt edge. Finish sewing binding to quilt. Turn and press the binding to the back of the quilt and hand stitch in place.
- If machine binding, complete the steps above only attach the binding to the **BACK** of the quilt, turn and press binding to the front of the quilt and machine stitch in place.

## Quilt Layout

