

Free Spirit

Twist and Shout

Featuring Flower Dance by Jane Sassaman

Collection:	Flower Dance by Jane Sassaman
Technique:	Piecing and Fussy Cutting
Skill Level:	Confident Beginner
Finished Sizes:	Finished Size: 63" x 63" (1.6m x 1.6m)
	Finished Block Size: 13" x 13" (33.02cm x 33.02cm)

All possible care has been taken to ensure the accuracy of this pattern. We are not responsible for printing errors or the manner in which individual work varies. Please read the instructions carefully before starting this project. If kitting, it is recommended a sample is made to confirm accuracy.

Project designed by Jane Sassaman | Tech edited by Quilt Pattern Writers

Fabric Requirements

DESIGN	COLOR	ITEM ID	YARDAGE
(A) Diamonds	Green	PWJS163.GREEN	2 yards (1.83m)
(B) SM Ginkgo	Multi	PWJS166.MULTI	1½ yards (1.37m)
(C) Stripe	Multi	PWJS170.MULTI*	2 yards (1.83m)
(D) Zinnia	Multi	PWJS174.MULTI	1¼ yards (1.14m)
(E) Designer Essential Solid	Mesa	CSFSESS.MESAX	¼ yard (0.23m)

* includes binding

Backing (Purchased Separately)

44" (1.12m) wide

Luna Multi PWJS169.MULTI 4 yards (3.66m)

OR
108" (2.74m) wide 2 yards (1.83m)

Additional Recommendations

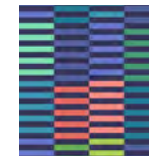
- 100% cotton thread in colors to match
- Batting 71" x 71" (1.80m x 1.80m)
- 6⅞" square of template plastic



(A)



(B)



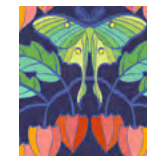
(C)



(D)



(E)



Backing

44"

Cutting

Notes:

- All strips are cut across the width of fabric (WOF) from selvage to selvage edge unless otherwise noted.

Fabric A, cut:

Fussy cut (32) $6\frac{7}{8}$ " x $6\frac{7}{8}$ " squares. Cut squares in half diagonally to make (64) half-square triangles

Fabric B, cut:

(7) $6\frac{7}{8}$ " x WOF; subcut
 (32) $6\frac{7}{8}$ " squares; subcut squares in half diagonally once to make
 (64) half square triangles

Fabric C, cut:

(7) $2\frac{1}{2}$ " x WOF for binding
 (6) $6\frac{1}{2}$ " x WOF; subcut
 (144) $6\frac{1}{2}$ " x $1\frac{1}{2}$ "

Fabric D, cut:

(6) $3\frac{1}{2}$ " x WOF
 Fussy cut (1) $3\frac{1}{2}$ " x WOF; subcut
 (4) $3\frac{1}{2}$ " x $3\frac{1}{2}$ ", centered on a flower motif

Fabric E, cut:

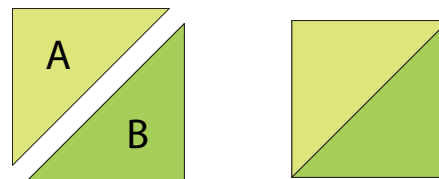
(3) $1\frac{1}{2}$ " x WOF; subcut
 (81) $1\frac{1}{2}$ " x $1\frac{1}{2}$ " squares

Sewing

Note: All seam allowances are $\frac{1}{4}$ " (.64cm) unless otherwise noted. Sew pieces right sides together. Press seam allowances open unless otherwise indicated. Refer to the **Quilt Layout** (page 5) for border placement as needed

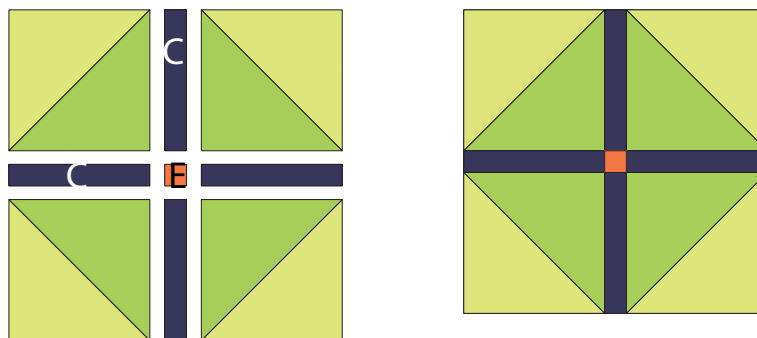
- Sew a **Fabric A** triangle and a **Fabric B** triangle together to make a Half Square Triangle (HST) unit (**Fig. 1**). Press the seam open. Trim to $6\frac{1}{2}$ " square. Make (64) HST units.

Fig. 1



- Arrange (4) HST units, (4) **Fabric C** $6\frac{1}{2}$ " x $1\frac{1}{2}$ " rectangles, and (1) **Fabric E** $1\frac{1}{2}$ " square, making sure to orient the HST units as shown. Join the pieces into (3) rows. Press all seams toward **Fabric C** after each step. Sew the rows together to complete Block. Make 16 Blocks measuring $13\frac{1}{2}$ " square (**Fig. 2**).

Fig. 2



Quilt Top Assembly

Follow the **Quilt Layout** (page 5) while assembling the quilt top.

- Sew (2) **Fabric C** 6½" x 1½" rectangles and (1) **Fabric E** 1½" square together to make a Sashing unit. Press the seams toward **Fabric C**. Make (40) Sashing units that measure 1½" x 13½" (**Fig. 3**).

Fig. 3



- Referring to **Quilt Layout**, arrange and sew (4) Blocks and (5) Sashing units, alternating, into a Block row as shown. Press the seams toward the Sashing units. Make (4) rows that measure 13½" x 57½".
- Arrange (4) Sashing units and (5) **Fabric E** squares as shown. Sew the units and squares together to make a Sashing Row. Make (5) Sashing Rows measuring 1½" x 57½".
- Sew the Block rows and Sashing rows together to complete the quilt center. Quilt center will measure 57½" square.
- Sew (6) **Fabric D** 3½" x WOF strips together end to end into a continuous strip, matching the motif design. Press the seams open. Cut the continuous strip into (4) identical borders each 3½" x 57½".
- Sew borders to opposite sides of the quilt center. Press the seams toward the borders.
- Sew a fussy cut **Fabric D** square to each end of the remaining borders. Press the seams away from the squares. Sew the borders to the remaining sides of the quilt. Quilt will measure 63½" square unfinished.

Finishing

- Sew together the (7) 2½" x WOF **Fabric C** binding strips end to end using diagonal seams. Press the seams open. Press the binding in half wrong sides together.
- Leaving an 8" tail of binding and beginning along an edge of the quilt top, match raw edges of the binding to the raw edges of the quilt top. Sew the binding to the outside edge around all four sides and miter corners. Stop sewing approximately 12" from where you started and backstitch.
- Lay both loose ends of binding flat along the quilt edge. Where these two loose ends meet, fold them back onto themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding together, right sides matching. Trim seam to ¼" and press seam open. Finish sewing the binding to the quilt top.
- Turn the binding to the back of quilt and hand or machine stitch in place.

Fussy-Cutting Instructions

- Place the 6⅞" template plastic square on point on **Fabric A**, centering the pattern in the square. Use a permanent marker to make register marks on the plastic in several places.
- Trace around the template and cut out the square or carefully cut around the template with a rotary cutter.
- Continue cutting squares in the same manner, aligning the register marks with the fabric to make sure the squares are identical.
- Cut each square in half to make (2) HST, making sure to orient all of the squares in the same direction before cutting.

Quilt Layout

